

# The Moorland

## Country Hotel & Inn

### Residents' Breakfast

We believe that breakfast is the most important meal of the day. Please make the most of our delicious breakfast and start your day the best possible way.

To include freshly brewed coffee or tea with toast and preserves, pastries, cereals, fresh fruit and fruit juice. Please place your order with a team member.

#### Full English Breakfast

Grilled bacon, sausage, black pudding, baked beans, mushroom, tomato, your choice of hen's egg **GF ON REQUEST** G, E, D, S, SD 635 Kcal

#### Vegan Breakfast

Vegan black pudding, grilled tomato, mushroom, baked beans, spinach **VE** G, S, SD, CE 533 Kcal  
Add a hen's egg **V** E, D 60 Kcal

#### Smoked Kippers & Poached Hen's Eggs

F, E, SD 305 Kcal

#### Eggs Benedict

English muffin, grilled bacon, a brace of poached hen's eggs, Hollandaise sauce **GF ON REQUEST** G, E, D, S 505 Kcal

#### Eggs Royale

English muffin, oak smoked salmon, a brace of poached hen's eggs, Hollandaise sauce **GF ON REQUEST** G, F, E, D, S 481 Kcal

#### Spinach, Mushroom & Tomato

Toasted muffin **VE, GF ON REQUEST** G, S 393 Kcal  
Add a brace of hen's eggs **V** E 120 Kcal

#### Bacon or Sausage Sandwich

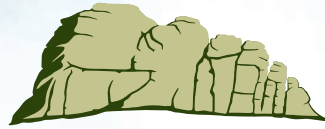
Grilled bacon rashers or sausages, white or malted brown bloomer  
G, D Bacon: 501 Kcal / Sausage: 459 Kcal  
Add a hen's egg **E** 60 Kcal

#### Smoked Salmon & Scrambled Eggs

F, D, E 385 Kcal

#### Creamy Porridge & Fresh Berries

**V** G, D 526 Kcal



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"One cannot think well, love well,  
sleep well, if one has not dined well."

**Virginia Woolf**

**Head Chef Damian and his kitchen team love what they do.** Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

**V:** Vegetarian **VE:** Vegan **GF:** Gluten-Free. Adults need around 2000 Kcal a day. If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts  
MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



[www.moorlandhoteldartmoor.co.uk](http://www.moorlandhoteldartmoor.co.uk)